



Client Guide for Returning to Perissos Therapy

Perissos Therapy is now offering in-person therapy options to clients. We will continue to offer telehealth for the foreseeable future as well. For clients wishing to come to the office, please review our covid policies below.

HAND SANITIZER: Hand sanitizer is available on the first and second floor for client and practitioner use.

DISINFECTANT: All shared surfaces will be disinfected between visits including door knobs, handrails, chairs, desk and bathroom surfaces.

AIR PURIFIER: Portable Medify Air Purifiers will be placed in each office and the waiting room.

TRAVEL: If you have recently engaged in airline travel, please wait 10 days before coming to the office for an appointment or contact your therapist to ask for their discretion.

IF YOU ARE SICK – STAY HOME

Any scheduled clients who have a fever or feel symptoms of a respiratory tract infection will be asked to contact the office immediately and reschedule for a later date or switch to a televisit. Any client who has recently tested positive for COVID-19 or is living with someone who tested positive or has had known exposure with someone who has tested positive will be asked to switch to a telehealth visit. If unable to meet via telehealth, the appointment will be rescheduled.

KNOW BEFORE YOU GO

APPOINTMENTS: Only clients with a scheduled appointment will be allowed entrance to Perissos Therapy at their allotted appointment time. Please do not arrive more than 10 minutes before your scheduled appointment time. To ensure adequate time for cleaning between visits, you will kindly be asked to leave promptly after your visit and rescheduling are complete.

MASKS: All clients are required to wear a mask while inside the building/waiting area. Clients who have shown proof of vaccination may take their mask off once in the therapist's office, at the therapist's discretion. Proof of vaccination can be uploaded via your online portal: <https://perissostherapy.clientsecure.me>

Our brand NEW office is located at: 1300 York Rd., Suite 240B in Timonium, MD 21093.